

Conference Description

The purpose of this conference is to provide up to date clinically useful information to rheumatologists including the most recent advances and information on the pathogenesis, diagnosis and management of selected rheumatologic diseases.

Objectives

At the conclusion of this educational activity, participants should be able to:

- understand the complexity of RA and what might make some cases more difficult to manage, identify if communication problems might be the reason for an RA patient to be labeled as difficult, and effectively tailor a treatment regime for recalcitrant RA.
- recognize the different clinical presentations of IgG4 related disease, differentiate the symptoms and signs of this condition from other mimics, and manage patients with this condition.
- understand comorbidities seen in patients with RA, evaluate adverse events that are due to RA or the medications used to treat it, and implement screening strategies for serious infections in patients with RA about to start biologic therapy (including mycobacterial infections).
- understand and discuss the role of small intracellular molecules involved in cell signaling and signal transduction, enumerate currently available and promising investigational targeted small molecule compounds for the treatment of RA and potentially other rheumatic conditions, and evaluate the place these therapies might have in the treatment hierarchy of RA.
- understand the clinical differences between the inflammatory myopathies and how this might affect clinical course and prognosis, discuss associated diagnoses, relevant serology, and current treatment options, and apply this knowledge in the management of patients with inflammatory myopathies.
- understand current methods of Sjogren's syndrome diagnosis and the burden of illness associated with it, understand the International Classification Criteria for Sjogren syndrome and the Sjogren's Syndrome Foundation Clinical Practice Guidelines, and apply knowledge to patients being evaluated for the diagnosis and treatment of Sjogren's Syndrome.
- understand the role of pharmacy benefits managers and how the rebate system results in creating formularies, step edits and non-medical switching, understand what the Alliance for Transparent and Affordable Prescriptions (ATAP) is, and implement above knowledge in advocating for affordable drug pricing.
- generate a differential diagnosis of a patient with myopathy who does not have symptoms or signs of an inflammatory myopathy, provide practical diagnostic algorithm for the workup of a patient with possible non-inflammatory myopathy, understand the diagnostic yield of each diagnostic modality and the role of muscle biopsy as a diagnostic tool for some of these conditions, and implement practical treatment recommendations for the management of patients with non-inflammatory myopathies.
- discuss the various methodologies of fracture risk assessment, identify both traditional and promising medical therapies for the treatment and prevention of osteoporosis, discuss the options for managing high fracture risk patients beyond 5 years of anti-resorptive therapy, and implement an effective treatment plan for the patient.
- implement the discussions of the challenging cases that are presented and recommendations provided by the expert panel and colleagues to enhance their ability to manage challenging patients with rheumatic conditions.

Target Audience

This conference is designed for academic and practicing rheumatologists, their PAs, FNP's and Pharm D's.

Corporate Members

Diamond:  
A Member of the Roche Group

Ruby:  

Gold:    Inspired by patients.
Driven by science.

Silver: 

NCRA 2018 Agenda 10.5 AMA PRA Category 1 Credits™

Friday, April 20

5pm - 7pm *Registration*
Exhibit Set-Up

Saturday, April 21 (6.5 Credit Hours)

7:00 – 7:45am *Breakfast & Registration*
7:45 – 8:00am *Welcome Remarks*
Firas Kassab, MD
8:00 – 9:00am *My Approach to Difficult Rheumatoid Arthritis*
John J. Cush, MD
Baylor Research Institute
9:00 – 10:00am *IgG4 – Related Disease: A New Entity for Rheumatologists*
E. William St. Clair, MD
Duke University Medical Center
10:00 – 10:30am *Break in Exhibit Hall*
10:30 – 11:30pm *Safety of Biologic and Novel Therapies*
John J. Cush, MD
Baylor Research Institute
11:30 – 12:30pm *Rheumatoid Arthritis: The Science and Art of Small Molecular Targeted Inhibition of the Inner Sanctum of Cytoplasmic Intracellular Signaling*
John Tesser, MD, FACP, FACR
Midwestern University Arizona College of Osteopathic Medicine
12:30 – 1:30pm *Lunch in Exhibit Hall*
1:30 – 2:30pm *NCRA Business Meeting*
2:30 - 3:30pm *Inflammatory Myopathy*
Lisa Christopher-Stine, MD
John Hopkins University
3:30 – 4:00pm *Break in Exhibit Hall*

4:00 – 5:30pm *Difficult Cases Panel*
E. William, St Clair, MD; Lisa Christopher-Stine, MD; John Tesser, MD, FACP, FACR
5:30pm *Adjourn Educational Session*
5:30 – 6:30pm *Reception*

Sunday, April 22 (4 Credit Hours)

7:00 – 7:45am *Breakfast & Registration*
7:45 – 8:00am *Welcome Remarks/Daily Announcements*
Firas Kassab, MD
8:00 – 9:00am *Sjogren's Syndrome: Beyond Dry Eye and Dry Mouth*
Frederick B. Vivino, MD, MS, FACR
University of Pennsylvania School of Medicine
9:00 – 10:00am *Fellows Cases*
10:00 – 10:30am *Break in Exhibit Hall*
10:30 – 11:30am *The Most Important Player in the Prescription Drug Market you Never Knew Existed*
Madeline T. Feldman, MD, FACR
Tulane University Medical School
11:30 - 12:00pm *Non-Inflammatory Myopathy*
Lisa Christopher-Stine, MD
John Hopkins University
12:00 - 12:30pm *Osteoporosis: A Shotgun Review of Fragility Fracture Risk Assessment and Old and New Therapies for Fracture Treatment and Prevention*
John Tesser, MD, FACP, FACR
Midwestern University Arizona College of Osteopathic Medicine
12:30pm *Adjourn Educational Session*
12:30pm *Lunch and Networking with Colleagues*

Conference Registration

Available on-line at www.ncrheum.org

In order to assure your participation in the meeting, complete the on-line registration no later than April 15, 2018.
To pay by credit card, submit information on-line.

If you wish to pay by check, complete the on-line form, submit, print and mail the email you receive with your check to:

North Carolina Rheumatology Association
341 S. College Rd St 11 (PMB 2046), Wilmington, NC 28403

For additional information call Tammala Bulger at 910-520-0515, fax 910-254-1091 or email tab@reubenallen.com

Hotel Accommodations

Accommodations for the North Carolina Rheumatology Association Annual Meeting can be made through the Raleigh Marriott City Center. For reservations call 888-236-2427 and request the NCRA meeting guest room block. If you prefer to make guestroom reservations on-line, the website link is <http://bit.ly/NCRA2018Hotel>. To take advantage of our special rate reservations must be made prior to March 22, 2018. Please note that once our guestrooms fill we cannot guarantee that our special rate will be available. We suggest making plans early. Valet Parking at hotel \$30 per day. Parking garage at hotel \$3/hourly with \$12 maximum/day. Additional details on NCRA website.

Speakers

Lisa Christopher-Stine, MD

Associate Professor of Medicine
Director, John Hopkins Myositis & Neurology Center
John Hopkins University
Baltimore, MD

John J. Cush, MD

Director of Clinical Rheumatology
Baylor Research Institute
Executive Director, RheumNow.com
Dallas, TX

Madelaine T. Feldman, MD, FACP

Clinical Associate Professor of Medicine
Tulane University Medical School
New Orleans, LA

E. William St. Clair, MD

W. Lester Brooks, Jr. Professor of Medicine
Chief, Division of Rheumatology and Immunology
Duke University Medical Center
Durham, NC

John Tesser, MD, FACP, FACP

Adjunct Assistant Professor, Midwestern University
Arizona College of Osteopathic Medicine
Arizona Arthritis & Rheumatology Associates
Phoenix, AZ

Frederick B. Vivino, MD, MS, FACP

Professor of Clinical Medicine
Chief, Division of Rheumatology
Director, Penn Sjogren's Center
University of Pennsylvania Perelman School of Medicine
Philadelphia, PA

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of South East Area Health Education Center (SEAHEC) and North Carolina Rheumatology Association (NCRA). The South East Area Health Education Center (SEAHEC) is accredited by the NCMS to provide continuing medical education for physicians.

Credit Statement

The South East Area Health Education Center (SEAHEC) designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

SEAHEC adheres to NCMS Essential Areas and Policies regarding industry support of continuing medical education. Commercial Support for the program, and faculty relationships within the industry, will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices is incorporated into their presentations. SEAHEC does not imply endorsement of any commercial products displayed at educational events.

ADA Statement

For special services, assistance, or information call Tammala Bulger at 910-520-0515 or email her at tab@reubenallen.com.

Handouts

The NCRA Conference Mobile app will include the handouts. Emails will be sent a week or two before the conference with instructions on how to download the free app and access the materials. At the conference there will also be a small magazine listing the sponsors, attendees and a few blank pages for taking notes.



North Carolina Rheumatology Association

2018 Annual Meeting

April 21 & 22, 2018
Raleigh Convention Center
Raleigh Marriott City Center



Hosted by
North Carolina Rheumatology Association



Provided by
South East Area Health Education Center:
Part of the North Carolina AHEC Program