

## Speakers

### ***Shervin Assassi, MD***

Professor of Medicine  
The University of Texas Health Science Center at Houston  
McGovern Medical School  
Bellaire, TX

### ***Susan M. Goodman, MD***

Professor of Medicine  
Hospital for Special Surgery,  
Weill Cornell College of Medicine  
New York City, NY

### ***William F. Harvey, MD***

Associate Professor of Medicine  
Tufts Medical Center  
Tufts University School of Medicine  
Boston Hill, MA

### ***Yvonne C. Lee, MD, MMS***

Associate Professor of Medicine and Preventive Medicine  
Northwestern University Feinberg School  
of Medicine  
Chicago, IL

### ***Elinor Mody, MD***

Chief, Division of Rheumatology  
Reliant Medical Group  
UMass School of Medicine  
Worcester, MA

### ***Amanda E. Nelson, MD***

Associate Professor of Medicine  
University of North Carolina at Chapel Hill  
Thurston Arthritis Research Center and Division of Rheumatology,  
Allergy, and Immunology  
Chapel Hill, NC

### ***Rebecca E. Sadun, MD, PhD***

Assistant Professor of Medicine & Pediatrics,  
Divisions of Rheumatology  
Duke University School of Medicine  
Durham, NC

### ***Philip Seo, MD, MHS***

Associate Professor of Medicine  
John Hopkins University School of Medicine  
Baltimore, MD

### ***Jeffrey Sparks, MD, MMSc***

Assistant Professor of Medicine  
Brigham and Women's Hospital Harvard Medical School  
Boston, MA

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of South East Area Health Education Center (SEAHEC) and North Carolina Rheumatology Association (NCRA). The South East Area Health Education Center (SEAHEC) is accredited by the NCMS to provide continuing medical education for physicians.

## Credit Statement

The South East Area Health Education Center (SEAHEC) designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosure Statement

SEAHEC adheres to NCMS Essential Areas and Policies regarding industry support of continuing medical education. Commercial Support for the program, and faculty relationships within the industry, will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices is incorporated into their presentations. SEAHEC does not imply endorsement of any commercial products displayed at educational events.

## ADA Statement

For special services, assistance, or information call Tammala Bulger at 910-520-0515 or email her at [tab@reubenallen.com](mailto:tab@reubenallen.com).

## Handouts

The NCRA Conference Mobile app will include the handouts. Emails will be sent a week or two before the conference with instructions on how to download the free app and access the materials. At the conference there will also be a small magazine listing the sponsors, attendees and a few blank pages for taking notes.



# North Carolina Rheumatology Association

## 2020 Annual Meeting

March 27 – 29, 2020  
The Westin Charlotte



Hosted by  
North Carolina Rheumatology Association



Credit provided by  
South East Area Health Education Center:  
Part of the North Carolina AHEC Program

## Conference Description

The purpose of this conference is to provide up to date and clinically useful information to all providers in the field of rheumatology. This information will include the most recent advances and information on the pathogenesis, diagnosis and management of selected rheumatologic diseases.

## Objectives

At the conclusion of the educational activity participants will be able to:

- identify patients that are appropriate for new therapeutics including biosimilars.
- list strategies for diagnosis and monitoring of systemic sclerosis related interstitial lung disease, explain the skin fibrosis progression based on the natural history of disease and its autoantibody subgroups, list treatment options for skin and lung fibrosis based on the published evidence from randomized controlled trials.
- discuss the prevalence and burden of OA including inflammatory OA, interpret recent guidelines of OA management, and identify and discuss future therapeutics for OA
- welcome a young adult patient and his/her parents to a first visit in your clinic, including orienting the family to differences between pediatric and adult care, setting expectations, stipulating patients responsibilities, and building rapport; effectively manage common and challenging dynamics that arise between a young adult patient and his/her parents(s); locate and utilize ACR and other resources, including readiness assessment tools and digital tools, to enhance the care you provide to your young adult.
- list some of the key factors making health policy reform difficult, successfully employ 6 techniques for successful advocacy, and discuss the pros and cons of some solutions to drug pricing.
- identify new therapies to treat patients with spondyloarthropathies.
- identify the best practices for rheumatologists as they help manage perioperative care of inflammatory patients, discussion medication management for patients on biologics and DMARDs at the time of surgery.
- identify patients that are appropriate to treat with new protocols in ANCA associated vasculitis.
- appraise the risks and benefits of cannabinoid use in individuals with rheumatic disease.

## Target Audience

This conference is designed for academic and practicing rheumatologists, their PA’s, FNP’s and Pharm D’s.

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## NCRA 2020 Agenda

### 10.5 CME hours

|                 |  |                 |   |
|-----------------|--|-----------------|---|
| 5:00 – 7:00pm   | <b>Friday, March 27</b>  | 4:15 – 5:30pm   | <b>Difficult Cases Panel: Mody, Sparks, Assassi, Seo</b>                                    |
|                 | <b>Registration</b>  | 5:30pm          | <b>Adjourn Education Session</b>  |
|                 | <b>Exhibit Hall Set-Up</b>   | 5:30 – 6:30pm   | <b>Reception</b>  |
|                 |  |                 |   |
| 7:00 – 7:45am   | <b>Saturday, March 28</b>  | 7:00 – 7:45am   | <b>Sunday, March 29</b>   |
|                 | <b>Breakfast &amp; Registration</b>  | 7:45 – 8:00am   | <b>Breakfast</b>  |
|                 | <b>Welcome Remarks</b>   |                 | <b>Welcome Remarks</b>  |
| 7:45 – 8:00am   | Jill Vargo, MD   |                 | Jill Vargo, MD  |
| 8:00 – 9:00am   | <b>Novel Pharmacologic Therapies for Rheumatoid Arthritis</b>                  | 8:00 – 9:00am   | <b>Evaluation And Treatment Of Skin And Lung Fibrosis In Systemic Sclerosis</b>             |
|                 | Jeffrey Sparks, MD, MMSc   |                 | Shervin Assassi, MD   |
|                 | Brigham and Women’s Hospital Harvard Medical School                            |                 | The University of Texas Health Science Center at Houston                                    |
| 8:00 – 9:00am   | <b>Spondyloarthropathy – New Therapeutic Options</b>                           |                 | McGovern Medical School   |
|                 | Elinor Mody, MD  | 9:00 – 10:00am  | <b>Perioperative Management of Rheumatic Disease Patients Undergoing Orthopedic Surgery</b> |
|                 | U. Mass School of Medicine   |                 | Susan M. Goodman, MD  |
| 10:00 – 10:30am | <b>Break in Exhibit Hall</b>   |                 | Hospital for Special Surgery, Weill Cornell College of Medicine                             |
| 10:30 – 11:15am | <b>Management Of Osteoarthritis: Current And Emerging Therapies</b>            |                 | <b>Break in Exhibit Hall</b>  |
|                 | Amanda E. Nelson, MD   | 10:00 – 10:30am | <b>ANCA – Associated Vasculitis: A Survival Guide</b>                                       |
|                 | University of North Carolina at Chapel Hill                                    | 10:30 – 11:30am | Philip Seo, MD, MHS   |
| 11:15 – 12:30pm | <b>Fellows Presentations</b>   |                 | Johns Hopkins University School of Medicine   |
|                 | <b>Lunch in Exhibit Hall</b>   |                 | <b>Risks and Benefits of Cannabinoids for Patients with Rheumatologic Conditions</b>        |
|                 | <b>NCRA Business Meeting</b>   | 11:30 – 12:15pm | Yvonne C. Lee, MD, MMSc   |
| 12:30 – 1:30pm  | <b>Growing Pains: paradigms and pearls for caring for young adult patients</b> |                 | Northwestern University Feinberg School of Medicine   |
|                 | Rebecca E. Sadun, MD, PhD  |                 | <b>Adjourn Educational Session</b>  |
|                 | Duke University School of Medicine   | 12:15pm         | <b>Lunch and Networking with Colleagues</b>   |
| 3:00 – 3:30pm   | <b>Break in Exhibit Hall</b>   |                 |   |
|                 | <b>Healthcare Advocacy for the Rheumatologist</b>                              | 12:15pm         |   |
|                 | William F. Harvey, MD  |                 |   |
| 3:30 – 4:15pm   | Tufts Medical Center   |                 |   |

## Conference Registration

Available on-line at [www.ncrheum.org](http://www.ncrheum.org)

In order to assure your participation in the meeting, complete the on-line registration no later than March 2, 2020.

To pay by credit card, submit information on-line.

If you wish to pay by check, complete the on-line form, submit, print and mail the email you receive with your check to:

North Carolina Rheumatology Association

341 S. College Rd St 11 (PMB 2046), Wilmington, NC 28403

For additional information call Tammala Bulger at 910-520-0515, fax 910-254-1091 or email [tab@reubenallen.com](mailto:tab@reubenallen.com)

## Hotel Accommodations

Accommodations for the North Carolina Rheumatology Association Annual Meeting can be made through The Charlotte Westin. For reservations call 866-837-4148 and request the NCRA meeting guest room block. If you prefer to make guestroom reservations on-line, the website link is <http://bit.ly/NCRA2020>. To take advantage of our special rate reservations must be made prior to March 2, 2020. Please note that once our guestrooms fill we cannot guarantee that our special rate will be available. We suggest making plans early. Self-parking for overnight guest is \$20. Valet parking will be at going rate at the time of the conference. Additional details on NCRA website.