

## Speakers

**Megan E.B. Clowse, MD, MPH**  
Associate Professor of Medicine  
Chief, Division of Rheumatology  
and Immunology  
Duke University Medical Center  
Durham, NC

**Madelaine Feldman, MD FACR**  
CSRO - Vice President of Advocacy  
and Gov't Affairs  
Assistant Clinical Professor of  
Medicine Tulane University  
School of Medicine  
New Orleans, LA

**Jonathan S. Hausmann, MD**  
Pediatric and Adult Rheumatologist  
Boston Children's Hospital  
Massachusetts General Hospital  
Harvard Medical School  
Boston, MA

**Laura K Hummers, MD, ScM**  
Associate Professor of Medicine  
Johns Hopkins University  
Baltimore, MD

**Benjamin Leder, MD**  
Professor of Medicine  
Harvard Medical School and  
Mass General Hospital  
Boston, MA

**Sara McCoy, MD, PhD, RhMSUS**  
Assistant Professor  
University of Wisconsin  
Madison, WI

**Janet Pope, MD MPH FRCPC**  
Professor of Medicine  
Western University  
London Ontario Canada

**Jennifer Rogers, MD**  
Associate Professor of Medicine  
Duke University  
Durham, NC

**Saira Sheikh, MD**  
Linda Coley Sewell Distinguished  
Professor of Medicine  
University of North Carolina at  
Chapel Hill  
Chapel Hill, NC

**Douglas W. White, MD, PhD**  
Chair, Rheumatology Dept  
Gundersen Health System  
La Crosse, WI

## Interactive Knowledge Sessions Speakers

**Dennis Ang, MD, MS**  
Professor of Medicine  
Wake Forest University School of  
Medicine  
Wake Forest, NC

**Beth Jonas, MD, FACR**  
Reeves Foundation Distinguished  
Professor of Medicine  
Division Chief, Rheumatology, Allergy  
& Immunology  
UNC School of Medicine  
Chapel Hill, NC

**Ankoor Shah, MD**  
Associate Professor of Medicine  
Duke University  
Durham, NC

**Catherine Sims, MD**  
Clinical Associate in the Department  
of Medicine  
Duke University  
Durham, NC

**Teresa Tarrant, MD**  
Associate Professor of Medicine  
Duke University  
Durham, NC

## JA Accreditation

In support of improving patient care, this activity has been planned and implemented by the North Carolina Rheumatology Association (NCRA) and VCU Health Continuing Education. VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



## Credit Statements

VCU Health Continuing Education designates this live activity for a maximum of 10.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 10.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 10.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

## Deadlines to Complete Testing for MOC Points

The deadline for completing the tests to earn MOC points is not fluid. If you miss the date, you do not earn hours. Deadline is March 29, 2024. Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Handouts

Handouts will be included in the conference attendee hub. You will be able to download from the site before the presentation begins.

## North Carolina Rheumatology Association

341 S. College Rd., Ste 11 (PMB 2046)  
Wilmington, NC 28403



## North Carolina Rheumatology Association

# 2024 Annual Meeting

## March 9-10, 2024

*The Westin in Charlotte, NC*



hosted by:  
North Carolina Rheumatology Association



credit provided by:  
VCU Health Continuing Education

## Conference Description

The purpose of this conference is to provide up to date and clinical information to all providers in the field of rheumatology. This information will include the most recent advances and information on the pathogenesis, diagnosis and management of selected rheumatological diseases.

## Objectives

At the end of this educational activity participants will be able to:

- Recognize issues associated with pregnancy in patients with rheumatic diseases, and measures required for best outcomes.
- Explain how current federal legislation and regulatory changes affect pharmacy benefit managers (PBMs) and our ability to treat patients who have commercial, employer funded and federal health plans.
- Recognize the signs and symptoms of autoinflammatory disorders and implement appropriate treatment for the patient.
- Discuss updates on the diagnostics, therapeutics and other management strategies of patients with systemic sclerosis and how to apply in a rheumatology practice.
- Discuss treatment algorithms for patients at very high risk for osteoporosis related fractures, and put them into clinical practice.
- Detail how Sjogren Disease (SjD) symptom-based endotypes provide insights to and management of SjD, be familiar with how biologic parameters are used to provide insight into SjD, and understand the next steps in endotype-focused SjD research.
- Discuss controversies about diagnosis and management of difficult RA patients by outlining older tests and therapeutic misconceptions.
- Identify and screen RA patients with lung involvement to adapt therapies for pulmonary problems.
- Discuss the approach to managing Type 2 SLE symptoms of pain, fatigue, and brain fog in their patients.
- Discuss current management strategies for systemic lupus and lupus nephritis and effectively treat patients using this information.
- Discuss the different factors affecting rheumatology workforce challenges in the coming years, how workforce shortage will affect patient access to rheumatology care, and how rheumatologists can address these issues on individual, regional and national levels.
- Demonstrate how to address and treat more complicated patients within specific areas of rheumatology, including patients who are refractory to treatments, and patients with challenging diagnostic dilemmas.
- Recognize some of the rare diseases and rare manifestations of rheumatic diseases, as well as treatment approaches to such cases.

### Saturday, March 9 (6.25 hours)

- 6:30am – 7:15am *Breakfast in Exhibit Hall*
- 7:45am – 8:00am *Welcome*
- 8:00am – 8:45am *The Myths and Truths of Therapeutic Options in Rheumatoid Arthritis*  
*Janet Pope, MD MPH FRCPC*
- 8:45am – 9:30am *Updates on Sjögren’s Disease*  
*Sara McCoy MD, PhD, RhMSUS*
- 9:30am – 10:00am *The Latest In Legislative, Regulatory and Payer Policies and How they Affect our Practices*  
*Madelaine Feldman, MD FACR*
- 10:00am – 10:30am *Break in Exhibit Hall*
- 10:30am – 11:15am *Update on Systemic Sclerosis Treatment*  
*Laura K Hummers, MD, ScM*
- 11:15am – 12:00pm *Interactive Knowledge Session*  
*Additional information available*
- 12:00pm – 1:00pm *Lunch*
- 1:00pm – 1:45pm *Around the World of Lupus in 45 minutes*  
*Saira Sheikh, MD*
- 1:45pm – 2:30pm *Type 2 SLE and Embracing a Biopsychosocial Approach to Lupus Care*  
*Jennifer Rogers, MD*
- 2:15pm – 3:00pm *Break*
- 3:00pm – 3:30pm *Business Meeting*
- 3:30pm – 4:15pm *Rheumatoid arthritis and ILD - what you don’t know can hurt your patients*  
*Janet Pope, MD MPH FRCPC*
- 4:15pm – 5:00pm *Interactive Knowledge Session*  
*Additional information available*
- 5:00pm – 6:00pm *Reception & Poster Session*

### Sunday, March 10 (4 hours)

- 7:00am – 7:45am *Breakfast in Exhibit Hall*
- 7:45am – 8:00am *Welcome*
- 8:00am – 8:45am *Unraveling the mysteries of autoinflammation: from genetics to clinical care*  
*Jonathan S. Hausmann, MD*
- 8:45am – 9:15am *Workforce Challenges and Opportunities*  
*Douglas W. White, MD, PhD*
- 9:30am – 10:30am *Fellows Case Presentations*
- 10:30am – 11:00am *Break in Exhibit Hall*
- 11:00am – 11:45am *Pregnancy & Rheumatic Disease*  
*Megan Clowse, MD, MPH*
- 11:45am – 12:30pm *Current Issues in Osteoporosis Treatment*  
*Benjamin Leder, MD*

## Conference Registration

Available online at [ncrheum.org](https://www.ncrheum.org)

In order to assure your participation in the meeting, complete the online registration no later than March 3, 2024.  
To pay by credit card, submit the information online when you register. If you wish to pay by check, complete the online form, choose offline/other payment method. Print the confirmation email you receive and mail with your check to:

North Carolina Rheumatology Association  
341 S. College Rd., Ste 11 (PMB 2046)  
Wilmington, NC 28403

For additional information call Tammala Bulger at 910-520-0515.

### Hotel Accommodations

Accommodations for the North Carolina Rheumatology Association Annual Meeting can be made through The Westin Charlotte. For reservations call 1-866-837-4148 and request the NCRA Annual Conference March 2024 guest room block or use <https://www.marriott.com/event-reservations/reservation-link.mi?id=1688153904713&key=GRP&app=resvlink>

To take advantage of our special rate reservations must be made prior to 5pm on February 15. Please note once our guestrooms fill, we cannot guarantee that our special rate will be available. *We suggest making your plans early.*